

# Lorraine Crookes

## Orgasmic Life



Lorraine Crookes is an international speaker, best-selling author, educator and founder of Orgasmic Life. As a qualified practitioner in multiple holistic and healing practices, Lorraine is best known as *'The Sexual Empowerment Liberator'* and *'Bedroom Confidence Coach'*. She is a much sought-after expert in her field with an exceptional gift that empowers, gives permission, celebrates and heals sexual energy. She openly, and unapologetically shares her extraordinarily journey with humour and insight. Lorraine has transformed the lives of thousands of people to be empowered in their sexual energy.



"Lorraine is a breath of fresh air. Not afraid to speak about intimacy and sexual energy communication and boundaries. Lorraine gives you a safe space to explore and delve deeper. . Highly recommended "

Sue Allsworth - Authentic Smile

"Lorraine talks from a level of knowledge which is empowering and refreshing, she pulls no punches and tells it like it is. If you are looking for an honest, relaxed and approachable speaker I would recommend Lorraine Crookes"

Life and Soul Radio

"Lorraine tells it as it is with real warmth and humour" Karen Shaw - Audience

"I cant recommend her highly enough" - S. Thompson Coaching

## THE THREE C'S

This presentation is for educational settings working with young people aged 14-16. A powerful talk in which Lorraine shares about how having, and not having, conscious communication, consent and connection has impacted on her life and those she works with.

Lorraine explains how The Three C's work as principles, and how they can support intimacy, pleasure and relationships.

An amazing talk delivered in a unique, fun and empowering way.

## BEHIND CLOSED DOORS

Lorraine has empowered thousands of people by openly sharing her story and explorations with sexual energy. Lorraine shares very personal journey, stories, reflections and insights that will leave you roaring with laughter and knowing 'you are not alone'

All is revealed in this hilariously funny and unapologetically honest look at of sex, sexual energy and sexuality.

## WHY YOUR BUSINESS NEEDS AN ORGASM

Empower your sexual energy and gain the ultimate orgasmic climax in your business.

When we are empowered in our sexual energy, sensuality and sexuality you can be empowered in all areas of our life, including your business,

Find out why it can change your life and how you can apply it.

This is a very powerful presentation with insights and perspectives that will empower your life and expand your business.



Stephanie Thompson Coaching



SWITCHED ON!

